

Leisure Hydration
Electrolyte Refresher
Select Variety

2 FOR \$4
+CRV
16 oz.

FRAZIER FARMS

A BETTER WAY TO SHOP
FOR A BETTER WAY TO LIVE

Frazier Farms
Cold Cream Cold Brews

\$1 OFF
12-16 oz.

Organic Fuji Apples

5 LBS \$5

USDA ORGANIC

Sweet Seedless Watermelon

\$3 Ea.

Organic Star Ruby Grapefruit

5 FOR \$5

USDA ORGANIC

Organic Orange or Rainbow Bunch Carrots

\$2 Ea.

USDA ORGANIC

Organic Sweet Keitt Mangos

\$2 Ea.

USDA ORGANIC

Organic Fresh Leeks

\$2 Lb.

USDA ORGANIC

Organic Green, Dino, Red Kale

2 FOR \$3

USDA ORGANIC

Organic Strawberries

\$3.99 Ea.
1 lb. Clamshell

USDA ORGANIC

Organic Red, Green, Rainbow Chard

2 FOR \$3

USDA ORGANIC

Large Cantaloupes

\$2 Ea.

Pink Lady Apples

\$1 Lb.

Valencia Oranges

\$1 Lb.

Large Cauliflower

\$2 Ea.

FRAZIER FARMS STORE WIDE SUPER SAVINGS!

Sweet Craft Dessert Cups
Assorted Varieties

2 FOR \$6
3-4.2 oz.

Local

Vital Farms Pasture Raised Eggs

\$5.99 Ea.
1 Dozen

Aloha Protein Bars
Select Variety

3 FOR \$5
1.9-1.98 oz.

USDA ORGANIC

Olli Salami Snack Packs
Select Varieties

\$1.99 Ea.
2 oz.

Olli Salami Sliced Packs
Select Varieties

\$3.49 Ea.
4 oz.

Frazier Farms Collagen Peptides

\$14.99 Ea.
1 lb.

S.R.P. 29.99

50% OFF!



FRESH, ALL NATURAL MEAT



Fresh, All Natural Boneless Skinless Chicken Tenders

\$2.99 Lb.

Perfect for Fajitas!

Smart Chicken Organic Whole Chicken

\$4.99 Lb.

Fresh Smart Chicken Organic Ground Chicken Thigh • \$9.99 lb.

Fresh Pork Spareribs

\$3.99 Lb.

Great in the Smoker!

U.S.D.A. CHOICE BEEF Fresh, All Natural USDA Choice New York Steaks

\$16.99 Lb.

Fresh First Light Farms Elk Medallions • \$1.00 OFF ea.

DELIVERED 6X A WEEK
SUSTAINABLY CAUGHT | WILD CAUGHT

Largest Fresh Seafood Counters
in North & East County!

GUARANTEED CATCH OF THE DAY
SUPPORT LOCAL FISHERMAN | DOCK TO DOOR

Fresh Local Halibut Fillets

\$9.99 Lb.

Local

WILD CAUGHT CERTIFIED

Wild Sashimi Ahi Steaks

\$8.99 Lb.

WILD CAUGHT CERTIFIED

Extra Large, Argentinian Red Shrimp

\$12.99 Lb.

16/21 ct

WILD CAUGHT CERTIFIED

Fresh, Wild Swordfish Steaks

\$16.99 Lb.

WILD CAUGHT CERTIFIED



QUALITY DELI



Dietz & Watson Lite, Black Pepper, Homestyle, Classic Turkey

\$12.99 Lb.

Ammerlander Swiss • \$8.99 lb.

Achiote Chicken and Spiced Rice Meal

\$7.99
14 oz.

Customer Favorite

Lemon Harissa Chickpea Salad

\$5.99 Lb.

\$2.00 off per lb.

New Item

Chicken Parmesan Entrée

\$7.99 Lb.

HEAT & EAT!



GROCERY



Crofter's Fruit Spread
Select Variety

USDA ORGANIC

\$3.99
16.5 oz.

PB & Co. Peanut Butter, 16 oz. • \$3.99

Nature's Path Envirokidz Cereal
Select Variety

USDA ORGANIC

2 FOR \$7
10-11.5 oz.

Culture Pop Probiotic Soda
Select Variety

NON GMO Project VERIFIED

4 FOR \$5
12 oz.

+TAX +CRV

Noka Smoothie
Select Variety

USDA ORGANIC

2 FOR \$4
4.22 oz.



DAIRY & FROZEN



Pressed Juicery Cold Pressed Juice
Select Variety

2 FOR \$7
15.2 oz.

+CRV

Califia Farms Plant Based Milk
Select Variety

NON GMO Project VERIFIED

2 FOR \$6
48 oz.

+CRV

Applegate Farms Assorted Frozen Sausage Links or Patties
Select Variety

2 FOR \$11
7 oz.

Starlite Cuisine Entrees
Select Variety

NON GMO Project VERIFIED

\$6.99
12-14 oz.



BAKERY & BULK



Frazier Farms Mini Muffins
Assorted Varieties

\$5
12 pack

Oasis Deli Half Loaves
Select Varieties

\$3 Ea.
16 oz.

Almonds
Raw, Roasted No Salt, Roasted Salted

\$6.99
Lb.

Chocolate Covered Raisins
Milk or Dark Chocolate

\$7.99
Lb.

Bakerly Filled Crêpes
Assorted Varieties

\$4
6 Pack

Perfect for School Lunches!

Silver Hills Sprouted Bagels
Assorted Varieties

\$4 Ea.
14 oz.

Sesame Sticks
Roasted Salted, Cajun, Honey Roasted

\$3.99
Lb.

Peruano Beans

\$2.49
Lb.



CHEESE



Tillamook Snack Portion
Assorted Variety

\$4.99
7.5 oz.

Perfect for Back to School!

Frazier Farms Sliced American Cheese
Yellow or White

\$3.99
Lb.

Find it in Cheese Department!

Frazier Farms Cream Cheese

\$3.99
Lb.

Cream Cheese. The Perfect Finishing Touch!



BEER & WINE



LAPIS LUNA Wines
Assorted California

\$10.99
750 ml.

+TAX +CRV

IDE Wines
Assorted Sonoma County

\$15.99
750 ml.

+TAX +CRV

ALE SMITH Assorted Ale

\$1 OFF
Ea. 6 Pack

+TAX +CRV

STONE BREWING IPA
Select Variety

\$11.99
Ea. 6 Pack

+TAX +CRV

SUPPLEMENTS & HEALTHY LIVING

Jarrow Whey Protein

\$27.49
Ea. 2 lb.

S.R.P. 49.99

WOW!

Frazier Farms Vegan Protein

\$19.99
Ea. 1.12 lb.

S.R.P. 29.99

Frazier Farms Creatine 5000mg

\$29.99
Ea. 2.2 lb.

S.R.P. 59.99

Frazier Farms Vitamin D3 2000iu

\$2.99
Ea. 60 ct

S.R.P. 6.59

Line Drive Savings

Sovereign Silver All Products

20% OFF
Suggested Retail Price

Barleans All Products

25% OFF
Suggested Retail Price

Giovanni Hair Care

30% OFF
Suggested Retail Price

The Humble Company All Products

30% OFF
Suggested Retail Price

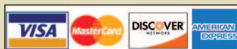
Aug. 18th, 2026 Thru Aug. 24th, 2026

Tue 18	Wed 19	Thu 20	Fri 21	Sat 22	Sun 23	Mon 24
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Vista 225 Vista Village Dr. (760) 758-7175
Oceanside 1820 Oceanside Blvd. (760) 429-2092
La Mesa 8401 Fletcher Pkwy. (619) 309-4024

Store Hours: 8am - 9pm Daily

We reserve the right to change prices & modify items.



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Order Your Groceries Online

SUPPORT OUR TROOPS!

10% OFF

MILITARY DISCOUNT

OFFERED EVERY WEDNESDAY

TO ALL VETERANS, ACTIVE DUTY, MILITARY, & FAMILY MEMBERS WITH ID.

IN STORE ONLY. EXCLUDES GIFT CARDS.