



Holiday Guide

LET US DO THE COOKING FOR YOU!
FULL HOLIDAY MENUS, PLATTERS, AND MORE.
FIND STORE WIDE SAVINGS IN EVERY DEPARTMENT FOR THE PERFECT HOLIDAY FEAST!

Happy Holidays from Frazier Farms Market



Holiday Meals

All meals serve 8-10 and include choice of Fruit & Nut Stuffing (32oz) or Sausage Cornbread Stuffing (32oz), choice of 2 homemade sides (32oz), Fresh Garden Salad (20oz), choice of Fresh Baked Apple or Pumpkin Pie (8in), and choice of White or Wheat Fresh Baked Dinner Rolls (16ct)

All Natural Roasted Turkey Dinner

\$249.99

Includes Homemade Turkey Gravy(32oz) and Cranberry Razzle Sauce (16oz)

All Natural Spiral Ham Dinner

\$229.99

Includes Homemade Turkey Gravy (32oz) and Creamy Mustard Sauce (8oz)

USDA Choice Prime Rib Dinner

\$289.99

Includes Homemade Beef Gravy (32oz) and Creamy Horseradish Sauce (8oz)

Vegan Meal

\$89.99

Serves 4.

Vegan Grain Hazelnut Cranberry Roast en Croute (32oz), Fruit & Nut Stuffing (32oz), Fresh Garden Salad (20oz), Vegan Mashed Potatoes (32oz), Mushroom Gravy (16oz), Cranberry Razzle Sauce (16oz)

Holiday Side Basics

\$39.99

Serves 4.

Choice of Fruit & Nut Stuffing (32oz) or Sausage Cornbread Stuffing (32oz), Mashed Potatoes (32oz), Turkey Gravy (16oz), Cranberry Razzle Sauce (16oz)



Holiday Sides

\$6.99lb.

- Mashed Potatoes
- Scalloped Potatoes
- Molasses Orange Sweet Potato & Yams
- Maple Mashed Sweet Potatoes
- Maple Sage Roasted Root Veggies
- Green Bean Casserole
- Roasted Seasonal Veggies
- Herb Roasted Carrots
- Turkey or Beef Gravy
- Cranberry Razzle Sauce
- Fruit & Nut Stuffing
- Sausage Cornbread Stuffing

À la Carte Proteins

Fresh Turkeys | No Antibiotics | No Added Growth Hormones | No Steroids Ever

All Natural Brined Turkey	\$7.99lb.
All Natural Organic Turkey*	\$12.99lb.
All Natural Smoked Turkey	\$10.99lb.
All Natural Turkey Breast	\$14.99lb.
All Natural Glazed Ham	\$8.99lb.
All Natural, USDA Choice Prime Rib	\$19.99lb.
Roasted Salmon Fillets	\$25.99lb.

*When any Organic Turkey is opened and prepared in store, it is no longer considered Organic.

ALL HOLIDAY ITEMS WILL BE AVAILABLE IN STORE THE WEEK OF
THANKSGIVING AND CHRISTMAS.

ALL HOLIDAY MEAL ORDERS REQUIRE A \$40 DEPOSIT
AND MUST BE PLACED 72 HOURS IN ADVANCE.

ALL PRE-ORDER PLATTERS AND ITEMS MUST BE ORDERED
72 HOURS IN ADVANCE.

ORDER YOUR HOLIDAY MEALS ONLINE AT
WWW.FRAZIERFARMSMARKET.COM

FOR FURTHER ASSISTANCE, INQUIRE WITHIN THE DELI OR CALL
OCEANSIDE (760) 429-2092
VISTA (760) 758-7175
LA MESA (619) 309-4024





Party Platters

Pre-Order Required | All Platters Serve 18+

Crudités Platter

\$40

Choose from a variety of dips to complement the freshest veggies of the season.

Spinach Dip Platter

\$40

Frazier's homemade spinach dip is center stage and served with our bakery's house baked baguette slices.

Antipasto Platter

\$80

Genoa salami, Italian dry salami, soppressata, mortadella, assorted olives, marinated grilled vegetables, roasted tomatoes, roasted peppers, fresh mozzarella.

Gâteau Fromage

\$75

One of a kind savory cheesecake built with French brie, blue cheese, toasted walnuts, Swiss Gruyere, cream cheese, fresh grapes, crackers, and house baked baguette slices.

Artisan Cheese Platter

\$80

Selection of artisan cheeses, dried fruits, mixed nuts, fresh fruits, accompaniments, and house baked baguette slices.

Smoked Fish Platter

\$100

Smoked tuna, smoked salmon, and Frazier's famous salmon dip, horseradish sauce, crackers, pickled eggs, charred lemon.

Shrimp Cocktail Platter

\$80

Four pounds of large shrimp served with a traditional cocktail sauce, lemon, and cornichons.

From Our Bakery

Holiday Favorites | Available In Store

Pies (8")

Serves 5

Apple	\$6.99
Blueberry	\$7.49
Cherry	\$7.49
Custard	\$9.99
Peach	\$7.49
Pumpkin	\$7.49
Pecan	\$9.99

No Sugar Added

Apple	\$6.99
Blueberry	\$7.49
Cherry	\$7.49
Pumpkin	\$7.49

Gluten Free (9")

Pumpkin	\$12.99
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Cheesecakes (6")

Original	\$11.99
Pumpkin	\$15.99
Mixed Berry Fruit	\$15.99

Frazier Favorites

Holiday Stollen (Frazier Family Recipe)	\$9.99
Dried Fruit & Nut Ring	\$12.99

Local Mountain Pies (9")

While Supplies Last

Julian Pie Company (Fresh or Frozen - Bake at Home)	\$24.99
California Mountain Bakery (Fresh)	\$19.99

72 Hour Pre-Order Required For Items Below

Fresh Fruit Tart (9")

\$29.99

A buttery shortbread crust, lined with dark chocolate, filled with a delicious pastry cream and topped with fresh fruit.

Cannoli Platter (Serves 14-16 or 20-24)

\$45 \$75

Mini shells are drizzled in chocolate and filled with a creamy ricotta filling, and garnished with chocolate chips. Seasonal fillings available upon request.

Bûche De Noël

\$34.99

"Yule log", or Bûche de Noël, is a traditional dessert during winter holidays. This classic dessert is a combination of yellow sponge cake rolled with a chocolate mousse and finished with chocolate buttercream.

Assorted Bakery Platter (Serves 14-16 or 20-24)

\$55 \$75

Delicious assortment of Frazier Farms Favorites.





Golden Harvest Turkeys

The holidays are rolling near and that means it's time to order your Golden Harvest Turkey! Our turkeys are all natural birds that do not contain any hormones, steroids, antibiotics, or preservatives. Their feed contains no animal by-products. Pre-order at our meat counters today!

BRINE INSTRUCTIONS:

- Choose your desired Frazier Farms turkey.
- Choose your brine. (Give our house-made Chamomile Orange brine a try!)
- Prepare your brine by heating your water, sugar, and salt until dissolved.
- Make sure brine is ice cold before adding turkey to it.
- Remove turkey from packaging, be sure to remove giblet bag and neck, make sure to check both cavities.
- Submerge bird in brine for 24 hours.
- After 24 hours, pull turkey from brine and discard brine.
- Pat turkey dry inside and out.
- Follow cooking instructions.

TURKEY COOKING TIMES:

8-12 lbs.	3-4 hours
12-16 lbs.	4-5 hours
16-20 lbs.	5-6 hours
20-24 lbs.	6-7 hours

COOKING INSTRUCTIONS:

- Choose your desired Frazier Farms turkey.
- Remove from packaging and pat turkey dry inside and out.
- We recommend inserting half of an onion, a few stalks of celery, a carrot, whole fresh citrus of your choice, and fresh herbs such as thyme or oregano.
- Fold neck skin back and pin it with a skewer to body.
- Truss legs down and tuck them under skin band. Make sure to twist the wings back and tuck them under the body to keep them from overcooking or burning.
- Rub entire turkey with a coarse ground salt and pepper to taste.
- Place turkey in a shallow braising or roasting pan.
- If you have a wire rack, place under the turkey. This is highly recommended for even air flow around the bird.
- Baste turkey every 45 minutes to an hour over the entire cooking time with butter, margarine also works.
- In the event the turkey is browning too fast, place a piece of loosely wrapped foil over the breast.
- Roast turkey at 325 degrees until the meat thermometer reads 165 degrees placed in the largest part of the turkey thigh.
- Let turkey rest for 45 minutes.

We do not recommend cooking your turkeys with stuffing inside, but if you choose to do so, cook times should be increased by 30 minutes on the scale.



USDA Choice Prime Rib

USDA Choice Angus Beef is high quality and the second highest graded beef. All natural beef with no antibiotics, no added growth hormones and no artificial ingredients. Choice roasts and steaks from the loin and rib will be very tender, juicy, flavorful and are suited for broiling, roasting or grilling.

HOW TO ORDER

Pre-order your Golden Harvest Turkey or USDA Choice Angus Prime Rib within the Meat Department at all locations or visit our website: www.frazierfarmsmarket.com.

Pricing information is available at Meat Counters.

For further details or assistance, inquire within the meat department, or call:

Oceanside (760) 429-2092 | Vista (760) 758-7175 | La Mesa (619) 309-4024

SELECT FROM A VARIETY OF ALL NATURAL MEATS

- Beef Tenderloin (Filet Mignon)
 - Prime Rib Roast
 - Top Sirloin Roast
 - Rump Roast
 - Cross Rib Roast
 - Tri-Tip Roast
- Sirloin Tri-Tip Roast
 - Golden Harvest Turkey
 - Cornish Game Hens
 - Pheasant
 - Geese
 - Duck
- Capon
 - Turducken
 - Crown Pork Roast
 - Bone-In Pork Roast
 - Rack of Lamb
 - Leg of Lamb

MEAT

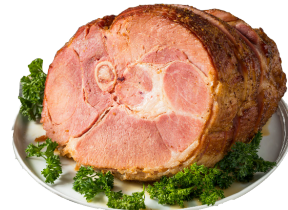
Excludes Wild Boar & Tartufo



Olli
Salami Chubs



\$7.99
6 oz.



Double Smoked Butt or
Shank End Ham Portions

\$3.49
lb.



House-Made
Cherry & White Wine
Turkey Sausage

\$5.99
lb.



House-Made
Bulk Breakfast Pork Sausage

\$4.99
lb.



Holiday Favorites From Our Seafood Department

For quality, variety and price, Frazier Farms is the best fishing spot in town!
Our Seafood is delivered 6 days a week and several times each day to ensure freshness and amazing quality.
We believe there should never be any mystery to the customer when buying seafood.

PRE-ORDER

• Whole Fish • Jumbo Lobster Tails • Or any other specialty fish you would like!

PRICING INFORMATION AVAILABLE AT OUR SEAFOOD COUNTERS!

SEAFOOD

Customer Favorite!



Fresh
Bakkafrost Salmon

\$19⁹⁹
lb.

Great for shrimp cocktail!



21/25 ct.

Extra Large
Cooked Shrimp

\$9⁹⁹
lb.



4-5 oz.

Cold Water, Wild
Lobster Tails

\$7⁹⁹
ea.



Wild, Large
Snow Crab Clusters

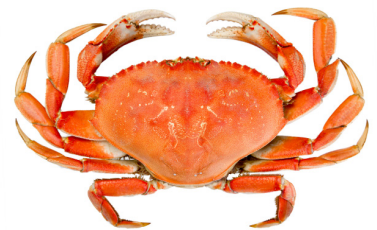
\$11⁴⁹
lb.



10/20 ct.

Jumbo, Wild
Dry Sea Scallops

\$24⁹⁹
lb.



Whole, Cooked
Wild Dungeness Crab

\$16⁹⁹
lb.

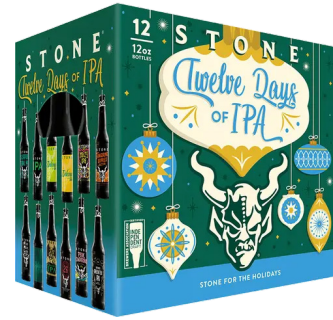
BEER & WINE



June Shine
Assorted Kombucha



\$15⁹⁹
6 pk.
+tax & CRV



Stone Brewing
12 Days of IPA

\$32⁹⁹
12 pk.
+tax & CRV



Flying Embers
Hard Seltzer



\$11⁹⁹
6 pk.
+tax & CRV



Athletic Brewing Co.
Non-Alcoholic Craft Beer



\$11⁹⁹
6 pk.
+tax & CRV



Dibon
Brut Cava



\$8⁹⁹
750 ml.

Put a personal message on the label for the holidays!



Blank Canvas
Cabernet Sauvignon,
Chardonnay & Red Blend



\$10⁹⁹
750 ml.



Armas De Guerra
Rosé



\$13⁹⁹
750 ml.



Hess
Chardonnay



\$8⁹⁹
750 ml.



Lorelle
Pinot Noir



\$14⁹⁹
750 ml.



Gen 5
Assorted Wine



\$9⁹⁹
750 ml.

GROCERY



Simple Mills
Cookies &
Baking Mixes

25% OFF



Justin's
Line Drive

30% OFF



Siete
Line Drive

25% OFF



Organic: \$4.19
R.W. Knudsen
Sparkling Cider

\$3.59
750 ml.



Enjoy Life
Chocolate Chips

25% OFF



North Coast
Apple Cider

\$2.99
32 oz.



Death Wish
Coffee
Line Drive

30% OFF



Bob's Red Mill
Flour

\$3.99
5 lb.



Alkaline 88
Water

\$3.99
+CRV
1 gal.



Mela
Water

\$2.49
16.9 oz.



Muddy Bites
Waffle Snacks

\$2.19
2.3 oz.



Rao's
Pasta Sauce

\$7.89
24 oz.



Shaka
Tea

2 for \$4
14 oz.

DAIRY



Alden's Organic Ice Cream

\$8⁹⁹
48 oz.



Clover Organic Milk

\$4⁴⁹
64 oz.



Clover Organic Butter

\$7⁹⁹
16 oz.



Pumpkin Spice Oat Barista Blend

2 for \$9
32-48 oz.



Holiday Nog

\$4⁹⁹



Icelandic Provisions Skyr Yogurt

\$1⁷⁹
4.4 - 5.3 oz.



Daiya Alternative Cheese

\$3⁹⁹
4.65-8 oz.

FROZEN



Truwhip Whipped Topping

\$3⁴⁹
9 oz.



Cadia Vegetables

\$2⁹⁹
16 oz.



Cascadian Farm Hashbrowns & Fries

\$4¹⁹



Cascadian Farm Fruits

\$4⁹⁹
8 oz.



Grain Trust Rice

\$3⁶⁹
20 oz.



Gardein Plant Based Turkey Roast

\$15⁶⁹
35.2 oz.

DELI



Peppermint Mocha

\$4.49
16 oz.

SAUCY SEASONS GREETINGS!

SELECT VARIETIES



Bitchin' Sauce

2 for \$10
8 oz.



Frazier Farms Cranberry Orange Razzle Sauce

\$6.99
lb.



Olli Sliced Meats

\$4.99
4 oz.



La Pasta Pasta and Sauces

\$5.99
6 - 15.3 oz.

CHEESE



Whole Milk Ricotta

\$3.49
lb.

Cheeseboard Favorite!



Guilloteau Fromager D'Affinois

\$3 off lb!
\$11.79
lb.



Assorted Jack Cheese
\$4.99

Sincerely Brigitte
7-10.5 oz.

Bries and Spread
\$11.50

Customer Favorite!



Divina Mini Toasts

2 for \$4
2.8 oz.

Seasonal Favorite!



House-Made Frazier Farms Cranberry Gorgonzola Spread

\$6.99
lb.

Pair with your favorite cheese or bake atop brie or flatbread!



Divina Assorted Fruit Spreads

\$5.49
9 oz.

BAKERY



Frazier Farms
Pumpkin Cheesecake

**10%
OFF**



Frazier Farms
Holiday Stollen

\$8⁹⁹
ea.



Frazier Farms
Hot Cocoa Mix

\$3⁴⁹
8 oz.



Ozery
Multigrain
Sandwich Bun
\$3¹⁹
8 pk.



Ozery
100 Calorie
Buns
\$2⁶⁹
8 pk.



Ozery
Keto
Snack Mixes
\$2⁹⁹
5.3 oz.



Udi's
Gluten Free Baguettes
or Dinner Rolls

\$5⁹⁹
ea.



Bakerly
Brioche Loaf
or Dinner Rolls

**20%
OFF**

BULK



Assorted
Date Platter

\$5⁹⁹
lb.



Milk or Dark
Chocolate
Almond Clusters

\$6⁹⁹
lb.



Country
Wild Rice

\$2⁶⁹
lb.

No Salt or Salted
Pre-Pack



Mixed Nuts
with Peanuts

\$4⁴⁹
lb.



Honey Roasted
Peanut Butter

\$2⁴⁹
lb.



Organic, Whole Bean
Mi Mundo Coffee

\$7⁹⁹
12 oz.

Bath & Body Care Extravaganza

TAKE AN EXTRA 25% OFF

ALL REGULAR, SALE, AND CLEARANCE BATH & BODY CARE + SELECT GIFT MERCHANDISE

DECEMBER 13-26

EXCLUDES CASE DISCOUNTS & \$100/\$250 DISCOUNT. NO RAIN CHECKS. WHILE SUPPLIES LAST.

FRAZIER FARMS
Frazier Farms
Private Label Herbs,
Supplements & Essential Oils

30% OFF

Garden of Life
All MyKind &
Vitamin Code

50% OFF

natural Factors
Natural Factors
Sleep & Relaxation
Formulas

35% OFF

NEW!

truegrace
True Grace
Line Drive

25% OFF

NEW!

MARY RUTH'S
Mary Ruth's
Line Drive

25% OFF

SOURCE NATURALS
Source Naturals
Wellness & Immune
Formulas

40% OFF

SUPPLEMENTS & HEALTHY LIVING



Charlotte's Web
Line Drive

25% OFF



Ancient Nutrition
Collagen & Bone Broth

35% OFF



Bluebonnet
Blue Bonnet
Line Drive

30% OFF



MegaFood
Megafood
Line Drive

25% OFF



Om Organic Mushroom Nutrition
OM Mushroom
100g Powders

\$16.99
SRP: \$25.29



PRIMAL KITCHEN
Collagen Fuel

\$29.99
SRP: \$44.99



CERTIFIED ORGANIC BY ECOCERT 100



PRANAROM
CERTIFIED ORGANIC ESSENTIAL OILS
Pranarom
Line Drive

20% OFF



SOVEREIGN SILVER
Sovereign Silver
Line Drive

30% OFF



everyone
3 in 1 Soap

\$9.99
SRP: \$12.99



OCEANSIDE

1820 Oceanside Boulevard
(760) 429-2092

VISTA

225 Vista Village Drive
(760) 758-7175

LA MESA

8401 Fletcher Parkway
(619) 309-4024

2022 HOLIDAY STORE HOURS

November 22	8am - 10pm
November 23	8am - 10pm
Thanksgiving, November 24	7am - 2pm
Christmas Eve, December 24	8am - 7pm
Christmas Day, December 25	CLOSED
New Year's Eve, December 31	8am - 8pm
New Year's Day, January 1	8am - 9pm

www.FrazierFarmsMarket.com

@frazierfarmsmarket

PRICES ADVERTISED VALID NOVEMBER 1 - DECEMBER 31, 2022. VALID AT ALL FRAZIER FARMS LOCATIONS, WHILE SUPPLIES LAST. CANNOT BE COMBINED WITH ANY OTHER OFFER OR DISCOUNT. NOT VALID ON PAST PURCHASES. SUBJECT TO AVAILABILITY OF PRODUCTS. NO RAIN CHECKS.

GIVE THE GIFT OF WELLNESS!



FRAZIER FARMS GIFT CARDS AVAILABLE